



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
08:00 - 09:00	Breakfast & Morning Meeting							
09:00 - 10:45	Arrive Geneva Airport	Introduction to Course Themes Orienteering Training	Ropes Course Aigle	Lake Day	Times to Shine Project Developing Concepts, Sharing Knowledge & Meeting The Design Brief	Route Planning For Training Expedition	Excursion Day Bern Communication Museum	
10:45 - 11:00	Break & Morning Snack							
11:00 - 12:00	Transfer to Verbier Check in & Welcome Tour	Emergency 1st Aid Training	Ropes Course Verbier/Aigle	Lake Day	Mountain Biking	Training Expedition	Clock Tour	
12:00 - 13:00	Lunch Chalet Flore	Lunch Chalet Flore	Picnic Lunch	Picnic Lunch	BBQ Lunch Le Hatay	Picnic Lunch	Picnic Lunch	
13:00 - 16:30	Verbier Village Visit & Ice Breaking Games	Rock Climbing	Bike Test & Cooking School	Banana Boating	Mountain Biking	Training Expedition	Sightseeing & Bear Park	
16:30 - 17:30	Reflection Session/ Group Meetings & Snacks							
17:30 - 18:45	Introction to Programme and Welcome Meeting	Flexi Time						
18:00 - 20:00	Dinner Chalet Flore							
20:00 - 21:45	Team Building Games & Unpacking/ Early night	Challenge Night Team Building Game	The Apprentice Branding Challenge - An Interactive Introduction To Time to Shine Project	Times to Shine Project Researching Potential Ideas, Sharing Knowledge & Meeting The Design Brief	Guest Speaker - Careers, Businesses and The Outdoor & Leisure Industry	Movie Night & Relax	Times to Shine Project Identifying USPs, Creating Effective Brands, Developing Marketing Strategy	
22:00	Lights Out							

Please note our sample timetable is given as an example and is subject to change.



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
08:00 - 09:00	Breakfast & Morning Meeting							
09:00 - 10:45	Lie In & Brunch Bushcraft Training	Industry Day	Final Expedition - Route Planning	Independent Expedition - Continue Orienteering to Reach Finish Point	Times to Shine Project Preparing Final Presentations	Surfing or RealFly	Departure Day	
10:45 - 11:00	Break & Morning Snack							
11:00 - 12:00	Survival Challenge	United Nations Geneva Guided Tour	Begin Route	Independent Expedition - Continue orienteering to reach finish point	Forest laser tag team challenge	Surfing or RealFly		
12:00 - 13:00	Lunch Chalet Flore	Picnic Lunch	Picnic Lunch	Picnic Lunch	BBQ Lunch	Picnic Lunch		
13:00 - 16:30	Gorges du Durnand/ Trotinettes	Hospitality & Business School Visit	Independent Expedition - feeling empowered to lead outdoors	Skateboarding - Roots Skateboard School	Lake Day Sion	Leap of faith activity - Bridge Swinging		
16:30 - 17:30	Reflection Session/ Group Meetings & Snacks							
17:30 - 18:45	Flexi Time							
18:00 - 20:00	Dinner Chalet Flore							
20:00 - 21:45	Times to Shine Project Public speaking strategies & preparing pitch	Guest Speaker - Insight from an Industry Expert	Overnight Cabane	Choice of Activities	Quiz Night	Final Presentations Graduation Ceremony & Reflections		
22:00	Lights Out							

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