



SBC

COURSE OVERVIEW

# Art and Design

12-16yrs



 Rochester



## Rochester

Ages: 12-16

Duration: 2 weeks

English Level: B1+

## At a Glance

### Unleashing Creativity Through Art

Our two-week Art & Design course is perfect for aspiring artists and designers who are eager to explore their creativity and refine their craft. This programme offers a comprehensive journey into the world of visual arts, allowing you to experiment with different styles, materials, and techniques while developing a strong portfolio of work.

The course is structured around hands-on learning. You will spend your time in the studio, where you'll engage in projects that range from drawing and painting to sculpture and digital design. This practical approach ensures that you not only learn the fundamentals of art and design but also have the freedom to explore and innovate within your chosen medium.

Artistic expression goes hand in hand with conceptual development in this course. You'll be encouraged to think critically about your work, exploring the themes and ideas that drive your creativity. Through group critiques and one-on-one

mentorship, you will receive valuable feedback that helps you refine your vision and communicate your ideas more effectively.

In addition to studio work, the course includes opportunities to learn from experienced artists and designers through masterclasses and guest lectures. These sessions provide insight into the art world and offer practical advice on building a career in the creative industries.

By the end of the programme, you will have expanded your artistic skills, developed a strong personal style, and created a portfolio that showcases your abilities and creativity. Join us at SBC this summer, and take the next step in your artistic journey with a programme that celebrates innovation, exploration, and expression.

## Sample Timetable

### WEEK ONE TIMETABLE

8:45-9:00	Morning Assembly				
9:00-10:30	<b>Art &amp; Design Seminar</b> Elements and Principles of Art & Design	<b>Art &amp; Design Lecture</b> Introduction to Colour Theory	<b>Keynote Lecture</b>	<b>Art &amp; Design Lecture</b> Contemporary Art	<b>Art &amp; Design Seminar</b> Art and Exhibition
11:00-12:30	<b>Art &amp; Design Time to Shine: The Upcycling Fashion Show</b> Fashion de novo using recyclable everyday materials				
13:30-14:45	<b>Art &amp; Design Practical Workshop</b> Drawing Skills: How to Draw What You See	<b>Art &amp; Design Practical Workshop</b> Painting Skills: Colour and Contrast	London Art Gallery Visit	<b>Art &amp; Design Practical Workshop</b> Composition Skills: Imagination and Inspiration	<b>Keynote Lecture</b> Leadership By Visiting Academic
15:00-16:15					<b>Academic Coaching</b> Public Speaking Skills
11:00-12:30	<b>Free Time</b> Tutorials once per week, 16.30-17.30 Career Counselling Clinic, 16.30-17.30				

### WEEK TWO TIMETABLE

8:45-9:00	Morning Assembly				
9:00-10:30	<b>Art &amp; Design Seminar</b> Understanding Visual Perception	<b>Art &amp; Design Lecture</b> History of Art	<b>Keynote Lecture</b>	<b>Art &amp; Design Lecture</b> Introduction to Digital Media	<b>Art &amp; Design Seminar</b> Art and Society
11:00-12:30	<b>Art &amp; Design Time to Shine: Photography Exhibition</b> Construct a personal gallery of your photographs				
13:30-14:45	<b>Art &amp; Design Practical Workshop</b> Photography Skills: Composition and Focus	<b>Art &amp; Design Practical Workshop</b> Photography Skills: Exposure and Development	London Art Gallery Visit	<b>Art &amp; Design Practical Workshop</b> Photography Skills: Lighting and Angle	<b>Keynote Lecture</b> Success in Academia By Visiting Academic
15:00-16:15					<b>Academic Coaching</b> Public Speaking Skills
11:00-12:30	<b>Free Time</b> Tutorials once per week, 16.30-17.30 Career Counselling Clinic, 16.30-17.30				



## Course Objectives

Welcome to the Art and Design programme at Rochester Independent College, a creative haven for students aged 12-15 who are passionate about expressing themselves through art. Our programme is designed to inspire and nurture young artists by providing a diverse range of artistic experiences. Whether you're interested in drawing, painting, sculpture, or digital design, this course offers the perfect opportunity to explore your creativity, develop your skills, and discover your unique artistic voice.

### Module 1

#### Drawing and Painting Fundamentals

Begin with the basics of drawing and painting, exploring techniques and materials like pencils, charcoal, watercolours, and acrylics, while developing observational skills and translating your vision onto paper or canvas through guided exercises and projects.

### Module 2

#### Exploring 3D Art

Step into the world of 3D art by working with materials like clay, plaster, and found objects to create sculptures and installations, learning about form, texture, and space, and expressing your ideas in three dimensions with creativity and innovation.

### Module 3

#### Introduction to Digital Design

Explore the intersection of art and technology through digital design, learning to use basic digital tools and software to create digital paintings and graphic designs, and building a portfolio that showcases your creativity and technical skills.



#### Previous projects include:

#### Urban Landscapes: A Study in Contrast and Composition

A project where students created a series of digital illustrations exploring the juxtaposition of nature and cityscapes, focusing on composition, colour theory, and thematic depth.

This project allows you to bring your artistic ideas to life, presenting your work to an audience while demonstrating your growth as an artist and your ability to communicate visually and verbally.



## Time to Shine

For your Time to Shine project, you will create a unique and expressive piece of art or design reflecting the skills and concepts developed during the course. This project is your opportunity to showcase your creativity, technical ability, and personal artistic vision. Whether you choose to produce a painting, digital artwork, graphic design, or mixed-media installation, your project will culminate in a presentation where you'll discuss your process, inspiration, and the message behind your work.



## Our Approach to Your Learning

The Art and Design programme is all about fostering creativity and encouraging self-expression. We believe that art is a personal journey, and our experienced teachers are here to guide you as you explore different mediums and techniques. Our lessons are designed to be engaging and supportive, allowing you to develop your skills at your own pace while experimenting with new ideas. Whether you're working on a detailed drawing, shaping a sculpture, or designing on a computer, our goal is to help you build confidence in your abilities and inspire you to keep creating.



## Academic Content

20 hours of subject-specific academic content per week with a subject tutor, delivered through interactive and hands-on lessons.



## English Level

Students require a minimum English level of B1+ to enrol onto this programme.

## Secure your place

A booking can be made online on our website [summerboardingcourses.com](https://summerboardingcourses.com)

Our programmes fill up fast so we recommend you book early to secure a space on our most popular courses. If you are booking on behalf of a family, please let us know at the time of booking.

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